



Bicton Primary School

AN INDEPENDENT PUBLIC SCHOOL

View Terrace, Bicton
Phone: 9339 3659
Fax: 9339 1446

Email: bicton.ps@education.wa.edu.au

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Newsletter: 4


CALENDAR OF COMING EVENTS


Wed, 1 March	Early Close 2.30pm Wildcats Basketball Clinic After School
Fri, 3 March	Councillors Assembly
Mon, 6 March	PUBLIC HOLIDAY

FROM THE PRINCIPAL

Last week we received some great feedback from various community members thanking the students, parents and staff of Bicton Primary. Our year 6 students were praised for helping younger students, our staff were acknowledged for their hard work and a parent was thanked for quickly returning a valuable item to the owner.

Our faction tokens embrace some of the feedback we received. Bicton Primary School has embedded the 9 values identified in the National Framework for Values Education in Australian Schools. These values are respect, integrity, learning, working together, resilience, happiness and responsibility. These shared goals are part of Australia's common democratic way of life and are used in 'student friendly' terminology on one side of the faction token. On the other side of the token are listed co-operative skills that are taught and modelled in class to ensure all students work in a co-operative environment that promotes learning. The teachers will explain to each student which value or skill to circle when they give out a faction token as a reward or encouragement for a positive behaviour.

THANK YOU
For showing:
<ul style="list-style-type: none">• Caring for others• Doing your best• Sharing• Friendliness• Respect• Responsibility• Valuing Difference• Helping• Including others• Honesty


THANK YOU
Co-operative Skills:
<ul style="list-style-type: none">• Have-A-Go & following through• Contributing ideas• Celebrate Success• Staying on Task• Ignoring distractions• Co-operation• Leadership• Responsibility


CHAPLAIN REPORT

One of the tasks I really enjoy here at Bicton PS is delivering social and emotional health lessons to the Year 3's. The students look forward to these lessons and whilst they have a lot of fun, they learn some really valuable skills. At the moment, the students are learning about feelings, and one of the topics we're covering is anger. You might find some of these tips handy for helping your son or daughter to find better strategies for dealing with anger.

- Get some exercise – ride a bike, skip, play with a ball.
- Tell yourself: "Calm down! You can handle this!"
- Get a drink of water and splash cold water on your face.
- Listen to music.
- Imagine a beautiful and peaceful place. (You might like to help them to think of a place that is special to them – perhaps somewhere you go for holidays, and learn to build an image in their mind – sights, sounds, smells, etc.).
- Write down everything you are feeling.
- Talk it out with a trusted friend or adult. (Discuss: Who could they talk to at home? At school?)
- Take a few deep breaths. (Teach your child to breathe in through their nose slowly to the count of 4, hold it for a moment, and out through their mouth slowly to the count of 4. Some children may need to add backwards counting to their breathing to help them focus on something other than their anger.)

A hands-on activity you could do to introduce the subject is take your child outside with a can or bottle of soft drink, shake it up and open it. It's a very visual way to talk about what it's like when we bottle up our anger. Just like the soft drink made a horrible mess all over the yard which needed a lot of hard work to clean up, if we don't have positive ways to deal with our anger, we can make a mess of our friendships and family relationships when our anger boils over.

You can download and print an anger management "chatterbox" with these tips from www.homestoriesatoz.com/printables/help-kids-manage-anger-free-printable-game.html. (Year 3's have already done this activity, so you might like to ask to see theirs.)

You are welcome to contact me at bronwenspeedie@education.wa.edu.au about anger management or any other matters for your child.

Bronwen Speedie, School Chaplain

We have now completed our parent information nights. We encourage all parents to contact the classroom teacher if you were unable to attend to obtain any vital information.

Stephen Doherty
PRINCIPAL

YEAR 4 – 6 FACTION SWIMMING CARNIVAL

Keep Friday 24th March free from 8.45am – 12.00pm for our annual Faction Swimming Carnival. This is always a great morning with all students from year 4 – 6 participating in at least two events each. These events may include a swimming race and a novelty event, two novelty events or for those competitive students 50m swimming races. Students were trialled at swimming lessons to ensure they are placed in events with other like students. Please look at the notice board outside the library to see the events. Our interschool swimming carnival swimmers are selected from the first two place getters in division one events.

NAPLAN WEEK FOR YEARS 3 & 5

NAPLAN is Week 3 Term 2 Tuesday 9th May, Wednesday 10th May and Thursday 11th May. Parents will be sent home a NAPLAN information brochure. If you have any questions please check with the classroom teacher or contact our Deputy Principal, Donna Madden through the office. More information will be given closer to the date.

STAFF CAR PARK

Parents please do not use the staff car park for drop off, pick up or parking. There have been concerns for the students' safety. We also ask that students and parents do not walk through the car park.

MERIT AWARDS

The following students were Merit Award Winners at our assembly on Friday, 1st April. Congratulations and keep up the hard work.

PP1	Lily R
Room 1	Emily O, Lewis N
Room 2	Daisy C, Isabel H
Room 3	Riva R
Room 4	Taylor W, Izak W
Room 5	Maya F
Room 6	Elanor S, Poppy H, Austin T
Room 7	Eden C, Lila K
Room 8	Sora K
Room 12	Hannah H
Room 14	Jonny G



P&C NEWS

CAKE STALL ELECTION DAY

Election Day, March 11th, is at our school and we will be having a cake stall and sausage sizzle. We believe this is a good service for the community as well as raising funds for the school. If you can bake a cake that would be fantastic or, if you can help on the day, great as well. All cakes, biscuits or slices can be dropped off Friday in the Conference Room near the office. Alternatively, you can bring the cakes to the stall Saturday morning. If you would like to help on the day or in any other way please give Belinda Doig a call on 0416 808 747.

BICTON PRIMARY SCHOOL QUIZ NIGHT

Bicton PS is holding a quiz night on **FRIDAY 24th MARCH**. We are looking for businesses, products or services that would be willing to donate towards prizes. This is a great chance to advertise to the wider Bicton community.

Acknowledgement in all quiz night marketing which includes advertising in the newsletter, brochures and the night will also be arranged.

Please contact Jess Ellis - jellis76@hotmail.com or Di Lim - dilim22@hotmail.com

This is guaranteed to be a great night so save the date and start organising your tables!!!

UNIFORM SHOP

Many of you will be happy to hear that we have a new winter option this year! Similar to the windcheater/jumper, but with a zip and pockets. These can be seen and ordered in advance online at www.ouronlinecanteen.com.au

Ordering in advance will really help us to get the right quantities supplied. They are \$25 each, so get online soon to ensure you get one before it gets cold!

Remember to place your order for faction carnival swim caps in the uniform box in the office with \$5.50, or if you see Belinda around the school, she will also be selling them directly.

Finally, our uniform shop has been exceptionally busy, and we are looking for a parent volunteer to help us on shop open days. Please contact Belinda Doig if you are interested - 0416808747.

ITALIAN CLASSES IN ROOM 11

The ITALO-AUSTRALIAN WELFARE & CULTURAL CENTRE INC is sponsoring the Italian after-hour language and cultural programme at Bicton PS again this year. These courses are of ninety minutes duration after school and are conducted on a weekly basis during the scholastic year. In 2017 there will be a charge of \$25.00 per student per semester (non-refundable) payable by cheque or cash to the **Italo-Australian Welfare & Cultural Centre Inc** on enrolment at the first lesson. The Italian after-hour lessons commence on **Wednesday, 15 February** from 2.30pm to 4.00pm and will run for the duration of the scholastic year. Your teacher of Italian is Signorina Georgia Turco.

WEDNESDAY AFTERNOON SUPERVISION

If you would like your child/ren supervised after early close on Wednesdays, please email the office.

WEDNESDAY SUPERVISION REQUIREMENT

DATE: _____ **2.30PM**

Name _____ Rm _____

Contact phone numbers: _____

Parent Signature: _____