FAMILY THERAPY

10 Sessions Free Per Family

FREE

The WA Centre for Perinatal Mental Health and Parenting Support (WACPPS) have funding to provide 10 free family therapy sessions with a qualified therapist. A family unit with children aged 25yrs & under qualify for the service. You don't need a GP referral or mental health care plan, simply call us to schedule your first appointment.

What is family therapy?

Your initial family therapy appointment will be directly with the therapist (without children present). Your therapist will then provide direction on the goals for future sessions. Family therapy is designed to understand each others perspectives and acknowledge the needs of each person in the family unit. It fosters respect for each person's experience to invite connection, collaboration and repair through understanding.

For more information call: 6496 0460

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