

## Empowering Families.

**Envisage is a program open to parents and caregivers raising children aged 0-8 years with disability or developmental concerns.**

This 5 part program has been co-designed with parents, carers, service providers, health professionals and researchers to empower families.

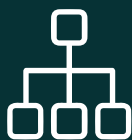
Each workshop is for 1 hour and it is also recommended that you spend additional time preparing for the upcoming workshop reviewing the materials and resources on our learning platform. The 5 workshops cover:



Online or In Person

1

What is health and well-being in early child and family development?



2

Child, sibling and family development



3

'Parenting is a dance led by the children'



4

Looking after myself so I can look after my family



5

Communication, Collaborating, Connecting



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ENVISAGE Families Australia is funded by the Australian Government Department of Social Services. Go to [dss.gov.au](https://dss.gov.au) for more information.

### How do I register?

Scan the QR Code or visit <https://envisage.community>



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Envisage Australia



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