

Parent Education Courses

Presented By behaviour tonics



1-2-3 Magic & Emotion Coaching - For PARENTS 2-12yo

A simple yet effective behaviour management program for parents and carers of children between 2 to 12 yo.

This course provides you with the knowledge and a set of practical responses to children's difficult behaviour and emotional upsets as they are happening.

Next course starts: 27 Aug
WEBINAR or IN PERSON | 3 - Part Series

Anxiety Coach - For PARENTS 2-12yo

Providing parents with the skills to reduce anxiety and build resilience in children 2 to 12yo.

This course provides parents with a solid understanding of anxiety and will equip you with practical responses that you can use to help reduce anxiety and build resilience in your children.

Next course starts: 11 Nov
IN PERSON | 2 - Part Series



Protective Behaviours - For PARENTS 3-12yo

A preventative, life skills program which enables children to develop the skills needed to empower them to deal with personal safety issues in difficult, unsafe and abusive situations. You will gain practical strategies and activities to use with your children to heighten their awareness of their personal safety and educate them how to stay safe **without scaring them** .

Next course starts: 19 Oct
IN PERSON | 2 - Part Series

