

For more information visit ~ www.fsc.com.au/learn-to-sail/



LEARN TO SAIL FOR KIDS

Our learn to sail course is designed to create a fun and friendly environment to give sailing a go. No previous sailing experience is required, and all equipment including small boats and lifejackets are provided. Each level is a 16 hour course which can be completed over 4 consecutive Saturday mornings or as a week long School Holiday course. All courses are run by qualified Australian Sailing Instructors following a national syllabus. If you would like to discover sailing, we will provide a safe, fun, and affordable environment to build your skills.

Course Prerequisite

- Water confident
- 7 12 years old

Course Outcomes

- Weather introduction
- Learn how to set up your boat for sailing
- Understand points of sail to the wind
- Leaving and coming back to the beach
- Capsizing
- Sailing in a straight line
- Towing
- Tacking (turning the boat around)

This course will develop teamwork skills, get you outdoors and introduce you to new friends, all whilst learning the foundation skills of sailing.

Like many sports, parents are an integral part of the learning and development process, they form a key link in the program and are encouraged to be involved from the outset.

This course is the perfect opportunity for the family to decide if they would like to join the Club community.

If you have any questions about the course please contact:

Sailing Administrator sailingadmin@fsc.com.au



