

**Early bird
Tickets from
\$65**

**available until the
15th of September)*



ADHD AND WOMEN SEMINAR 2024

**SATURDAY 9TH OF NOVEMBER
8:45 AM - 4:00 PM**

Leederville Function Centre - East Perth
Football Club 246 Vincent St, Leederville

Join us for a day of discovery, understanding, and growth as we delve into the latest research and gain practical ADHD strategies, guided by our ADHD experts.

This Seminar is Perfect For -

- Adults living with or supporting someone with ADHD
- Parents, carers, family members, friends, or colleagues seeking to expand their knowledge
- Therapists, Health Care professionals, and ADHD coaches aiming to develop their evidence-based practices

This year's topics, brought to you by our expert speakers, include -

- **ADHD – Effective Communication in Relationships** - *Matthew Miller*
- **The ADHD and Autism Overlap: Identity and Perimenopause for Neurodivergent Women** - *Dr Theresa Kidd, Dr Miriam Kirby and Melanie Turner*
- **Parenting with ADHD** - *Dr Claire Milligan - Parenting with ADHD*
- **Navigating ADHD in Motherhood: A Professional and Personal Perspective** - *Jata Elliott and Sarah Harrower*
- **Navigating Social Media** - *Serena Nathan*

Whether you're living with ADHD, supporting someone, or simply looking to deepen your understanding about women and ADHD, this is a must-attend event!

For more information scan the QR code to visit the seminar web page - .

