



Expressive Arts Therapy and Counselling for girls and young women aged 6 to 16

Is your child, tween or teen impacted by emotional, behavioural and mental health challenges?

Anxiety
Body image
Emotional regulation
Grief
Low self-worth
Mental Health challenges
Trauma

I hear you, I see you and I can help you.

I can guide your daughter to explore her inner world, worries, concerns and emotions. I will do this by using Expressive Arts Therapy and Counselling.

Schedule of Fees: Although we are recognized as allied health professionals, unfortunately, Medicare rebates do not cover this service at this time. Some private Health Funds may cover fees.

FEES: \$130 60 mins

NDIS: Plan and Self-managed Participants are welcome.

For further information please visit:

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