



## Term 4 2024 Calendar - Parenting programs

### Circle of Security Parenting (abbrev. 7 weeks)

Tuesdays 9:30am – 11:30 am  
Starting 8 October to 19 November  
Location: Westerly Family Centre, 27 Westerly Way Cooloongup  
Host: KEYS Parenting Service  
To register contact: 9439 1838  
Creche available

### Children's Emotional Wellbeing: (3 weeks)

Wednesdays 9.15am to 11.45am  
Starting: 9 October to 23 October  
Location: KEYS Office –Darius Wells Library & Resource Centre, Kwinana  
Host: KEYS Parenting Service  
To register: [www.trybooking.com/CUWSQ](http://www.trybooking.com/CUWSQ)  
Creche Available

### Circle of Security Parenting (abbrev. 7 weeks)

Thursdays 10am to 12pm  
Starting 10 October to 21 November  
Location: Coolbellup Hub  
Host: Cockburn Parenting Service  
To register contact: [parenting@cockburn.wa.gov.au](mailto:parenting@cockburn.wa.gov.au) or 9411 3854  
No creche available

### Sing and Play

Friday mornings (times will be given on registration)  
Starting 11 October to 6 December  
Location: Coolbellup Hub  
Host: Cockburn Parenting Service  
To register please contact Geraldine 94113854 [parenting@cockburn.wa.gov.au](mailto:parenting@cockburn.wa.gov.au)  
Registration is essential as places are limited.

### My Time

Tuesdays 12 noon to 2pm  
Starting: 15 October to 3 December  
Location: Coolbellup Hub  
Host: City of Cockburn  
To register: please contact Kathleen Turtur: [kturtur@cockburn.wa.gov.au](mailto:kturtur@cockburn.wa.gov.au)  
Creche Available. Lunch is provided.

### Bringing Up Great Kids

Wednesdays 10am to 11:30 am (6 weeks)  
Starting 16 October to 20 November  
Host: Cockburn Parenting Service  
To register contact Liz Vuchocho [lvuchocho@cockburn.wa.gov.au](mailto:lvuchocho@cockburn.wa.gov.au) or Coral Atkins [parenting@cockburn.wa.gov.au](mailto:parenting@cockburn.wa.gov.au)

### Diverse Women's Friendship Group

Wednesdays 9.30am to 11.30am  
Starting 16 October – 4 December  
Location: Coolbellup Hub  
Host: City of Cockburn  
To register please contact Liz Vuchocho [lvuchocho@cockburn.wa.gov.au](mailto:lvuchocho@cockburn.wa.gov.au)  
Creche available - places are limited.

### Ready for School

Thursday 17 October 9.30am to 11.30am  
Location: Palmyra Primary School  
Host: Meerilinga Parenting Service  
To register <https://www.eventbrite.com.au/e/ready-for-school-workshop-tickets-1006536607087>

### Sunflower Group

Fridays 9.45am to 12 noon  
Starting: Friday 18 October to 6 December  
Location: Meerilinga Hilton  
Host: Meerilinga Parenting Service  
For mothers and children aged 0-3. Lunch is provided.  
To register contact [Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)

### Parent Circle

Friday 18 October 1pm to 2.30pm  
Location: The Meeting Place, Fremantle  
Host: Meerilinga Parenting Service  
To register contact [Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)



## Term 4 2024 Calendar - Parenting programs

OCTOBER - NOVEMBER - DECEMBER

### Circle of Security Parenting Online (8 weeks)

Starting:

Wednesday 7.30pm to 9.30pm

23 October – Wednesday 11 December

Location: Online

Host: Meerilinga Parenting Service

To register contact

[Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)

### Starting Strong: Kindy (for parents of children starting Kindy in 2025)

Wednesday 30 October 9:00 -11:00 am

Location: Makybe Rise Primary School, 67 Makybe Drive, Baldivis

Host: KEYS Parenting Service

To register: [www.trybooking.com/CUWUW](http://www.trybooking.com/CUWUW)

### 123 Magic & Emotion Coaching (4 weeks)

Thursdays 9.30am to 11.30am

Starting: 31 October to 21 November

Location: Darius Wells Library & Resource Centre, Kwinana

Host: KEYS Parenting Service

To register: [www.trybooking.com/CUWUO](http://www.trybooking.com/CUWUO)

Creche Available

### Parent Circle

Friday 8 November 1pm-2.30pm

Location: The Meeting Place, Fremantle

Host: Meerilinga Parenting Service

To register contact

[Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)

### Starting Strong: High School (for parents of children starting Year 7 in 2025)

Wednesday 6 November 6:30pm – 8:30pm

Location: Online

Host: KEYS Parenting Service

To register: [www.trybooking.com/CUWVD](http://www.trybooking.com/CUWVD)

### Potty Time

Thursday 21 November 7.30pm-9.30pm

Location: Online

Host: Meerilinga Parenting Service

To register:

<https://us02web.zoom.us/join/zoom/register/tZ-0kduqrpj8qGtClffvb53bWE0ZDxmKAwAAW>

### Parent Circle

Friday 6 December 1pm-2.30pm

Location: The Meeting Place, Fremantle

Host: Meerilinga Parenting

To register contact

[Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)

### COMING SOON:

#### Sing, Play & Connect

Weekly Park Plays in City of Melville

Host: Meerilinga Parenting Service

For more information and to express your interest please contact:

[Belynda.Smith@meerilinga.org.au](mailto:Belynda.Smith@meerilinga.org.au)

### South West Metropolitan Parenting Services YouTube Channel:

Quick Tips for Busy Parents monthly webinars coming soon – check our social media for more information

### CONTACT US:

Email:

South West Metropolitan Parenting Services:  
[SouthWestMetroParenting@meerilinga.org.au](mailto:SouthWestMetroParenting@meerilinga.org.au)

Facebook:

[@southwestmetropolitanparentingservice](https://www.facebook.com/southwestmetropolitanparentingservice)

Instagram

[@parentingperthsouthwestmetro](https://www.instagram.com/parentingperthsouthwestmetro)

Website:

[meerilinga.org.au/parenting-courses-services/](http://meerilinga.org.au/parenting-courses-services/)